## NSFA U8 to U11 SSF MATCH CARD

Small Sided Football – to provide children with enjoyable sport

AGE:		CLUB:		TEAM:		
Rnd	Date & Time	Away Team	Ground	Home Team Goals	Away Team Goals	Team Managers Signature
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Both Team Managers must complete a match card and then enter the match result online within 48 hours. Both Team Managers must agree and intitial the final score.

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## **KU-RING-GAI & DISTRICT SOCCER ASSOCIATION INC.**

SSF Format Summary	U8 & U9	U10 & U11	
Player Numbers	7v7	9v9	
Field Size	40x30m	60x40m	
Ball Size	3	4	
Goalkeeper	Yes	Yes	
Playing Time	2x20min	2x25min	
Half Time Break	5min	5min	
Throw-in/Kick-in	Throw-in	Throw-in	
Offside	No	No	

## Small-Sided Football - it's all about participation, skill development and fun

- Coaches should encourage players to pass and dribble rather than kick up-field or shoot for goal from anywhere.
- Coaches must not enter the field of play.
- Parents should offer the players encouragement but must not coach from the sidelines.
- Parents must not stand behind the goal line.
- Referees need to instruct players on how to play the game but must not coach their own team.
- No offside, but the referee can move players blatantly put in offside positions.